

SALADS & PLATTERS

TURKEY, EGG & CHEDDAR SALAD

Iceberg lettuce, smoked turkey, cheddar, hard boiled egg, bacon, corn, tomatoes & chives. Served with ranch or honey balsamic dressing. 10.49

COSMO CHICKEN SALAD

Mixed spring greens & iceberg, garlic balsamic chicken breast, raisins, almonds, tomatoes, cucumbers & chives. Served with honey balsamic dressing. 10.49

SOUTHWESTERN CHICKEN SALAD

Romaine lettuce, barbecue chicken breast, avocado, tomatoes, black beans, corn, cucumber and chives. Served with bacon ranch dressing. 10.49

HOUSE SALAD

Spring greens & iceberg lettuce with bleu cheese, avocado, apples, asparagus, tomatoes, cucumbers, almonds & chives. Served with honey balsamic dressing. 10.49

SHRIMP LOUIE SALAD

Spring greens & iceberg with cherry tomatoes, chives, cucumbers, egg & baby shrimp in a tomato, lemon mayonnaise-based sauce. Served with honey balsamic dressing. 10.49

MEDITERRANEAN BROWN RICE SALAD

Brown rice tabouli with tomatoes, red onion, cucumbers, garlic balsamic chicken breast, feta cheese & pine nuts on spring mix & romaine. Served with oregano mint vinaigrette. 10.49

ASIAN CHICKEN SALAD

Iceberg lettuce, garlic balsamic chicken breast, carrots, asparagus, cucumbers, peanuts, raisins, crunchy wonton chips, almonds & chives. Served with honey balsamic dressing. 10.49

CHICKEN & BLEU CHEESE SALAD

Spring greens & romaine lettuce, garlic balsamic chicken breast, crumbled bleu cheese, asparagus, cucumbers & chives. Served with creamy peppery parmesan dressing. 10.49

ITALIAN LOX SALAD

Spring greens & iceberg with smoked lox, fresh mozzarella, tomatoes, fresh basil & red onions. Served with ranch or peppery parmesan dressing. 10.49

ROAST BEEF THAI SALAD

Spring greens & romaine lettuce with marinated rare roast beef, corn, asparagus, cherry tomatoes, cucumbers, red onions & chives. Served with honey balsamic dressing. 10.49

A KIND OF NICOISE SALAD

Romaine & spring mix with flaked tuna, hard boiled egg, cherry tomatoes, asparagus, red onions, Kalamata olives & potato salad with a tarragon mustard vinaigrette. ($\frac{1}{2}$ salad not available) 10.49

**ALL SALADS ARE SERVED WITH A GLUTEN FREE TOASTED BAGEL & BUTTER
A HALF SALAD IS AVAILABLE AT 1.59 OFF THE FULL PRICE**

CHEESE & FRUIT PLATTER

Brie, garlic-dill cream cheese, cheddar, swiss, gorgonzola & fresh buffalo mozzarella. Served with grapes, apples & a toasted gluten free bagel. 14.49

MEAT & CHEESE PLATTER

Selection of meats & cheeses served with marinated roasted red peppers & a toasted gluten free bagel. 17.49

APPETIZERS & BAR SNACKS

LEMON PEPPER EDAMAME

A healthy, fun-to-eat, shareable snack.
Goes great with a gluten free beer - goes with
a wine or cocktail too! 4.99

**TWO APPETIZERS MAKE A
GREAT MEAL!**

FRUITY LITTLE APP

Spring greens, goat cheese, dried cranberries,
grapes & flaked almonds served with a strawberry
balsamic vinaigrette & a toasted gluten free bagel.
8.49

SUPER QUICK APP

Toasted gluten free bagel with a large side of
garlic-dill cream cheese. 6.49

HUMMUS

Hummus served the way it should be: with
a touch of paprika, pine nuts & olive oil.
Served with your choice of carrot sticks
or Tostitos.
6.19/8.39

EBERLE DHAL

Butternut squash & four types of lentils make
up this super healthy, super tasty app/meal!
Totally vegan! Served with a toasted gluten
free bagel. 6.19/8.39

EXTRA BAGEL 1.50

APPETIZERS ARE SERVED UNTIL MIDNIGHT

CUP OF CHILI

Traditional 90% lean beef chili served with
sour cream, red onions & cheddar on request.
4.99

COSMO CAPRESE SALAD

Slices of fresh buffalo mozzarella, roma
tomatoes & fresh basil with a balsamic pesto
drizzle.
Served with a toasted gluten free bagel.
8.49

GARLIC & FRESH MINT LABNEH

This is the Middle Eastern version of cream
cheese, but way tastier & lower in calories.
Served with cucumbers, carrots sticks or
Tostitos. 4.69/6.99

SMOKED WHITEFISH & SALMON PATE

Get your tasty omega 3's here!
Addictive & healthy, this is our new favorite!
Served with a toasted gluten free bagel &
cucumbers. 9.49

AREN'T YOU HAPPY WE DID THIS?

LOX PLATTER

Smoked lox served with garlic-dill cream cheese, thinly-sliced cucumbers &
fresh chives accompanied by a gluten free, toasted bagel.
12.49

SANDWICHES & COMFORT FOOD

ALL SANDWICHES ARE SERVED ON A TOASTED GLUTEN FREE BAGEL

VEGETARIAN

Avocado, garlic-dill cream cheese, mozzarella, cheddar, alfalfa, tomatoes, cucumbers & honey balsamic dressing. 9.49

TURKEY & AVOCADO

With bacon, cream cheese, red onions, spring greens, ranch & tomatoes. 9.49

HONEY HAM & CHEDDAR

With bacon, lettuce, tomatoes & bacon ranch dressing. 9.49

SMOKED LOX

With garlic-dill cream cheese, cucumbers & chives. 9.49

HONEY HAM & BRIE

On a toasted gluten free bagel with tomatoes. 9.49
Add avocado and bacon (.99 each)

THE EURO BEAST

Roast beef, avocado, roasted red peppers, cheddar, horseradish cream cheese, red onions, tomatoes & spring mix. 9.49

COSMO'S TAKE ON A B.L.T.

Avocado, tomatoes, spinach, bacon, labneh & our delicious tomato/bacon relish. 9.49

THE P.W.

Ham, turkey, avocado, cream cheese, cheddar, spring mix & salsa 9.49

SIDE OPTIONS

Side salad ~ Apples ~ Tostitos & salsa
Pickles ~ Potato chips ~ Carrot sticks ~ Potato salad

ALL SANDWICHES COME WITH ONE SIDE ~ AN EXTRA SIDE IS 1.49 ~ CUP OF SOUP AS A SIDE 1.99
A HALF SANDWICH IS AVAILABLE AT 1.59 OFF THE FULL PRICE

CUBAN GOULASH

Shredded beef bursting with a fragrant sauce & laced with red wine, caraway & paprika, served over brown rice with a toasted gluten free bagel & a side salad. 12.49

CHILI

We use only 90% lean meat to make this traditional chili. Served with sour cream, red onions & cheddar. Also served with a toasted gluten free bagel & a side salad. 8.99 Cup. 4.99

COCONUT THAI CURRY SOUP

Delicious, heart warming sweet potato, coconut & lemongrass soup that has a fun little kick to it!
Served with a gluten free bagel. 4.49/7.49

COSMO



GLUTEN FREE MENU

DESSERTS

HOT FUDGE & BROWNIE SUNDAE

Vanilla & chocolate ice cream sprinkled with crumbled gluten free chocolate brownies & topped with hot chocolate fudge sauce & whipped cream.

5.49

CARAMEL & COOKIE SUNDAE

Vanilla & chocolate ice cream with crumbled gluten free chocolate chip & caramel cookies, hot creamy caramel sauce & whipped cream.

5.49

CHOCOLATE CHIP MINT COOKIE THING

Warm gluten free chocolate chip cookies with mint chocolate chip ice cream, chocolate fudge sauce & whipped cream on top.

6.29

IRISH LATTE

Irish cream latte over vanilla ice cream. 5.99

LIFE IS SHORT, EAT DESSERT FIRST!